

This Too Shall Pass Away

Life Care lost an important and effective associate on Jan. 3, 2019, when Anita Williams, regional field controller in Missouri, passed away.

She came to work in the business office at Life Care Center of Waynesville, Missouri, in July 2008, and was promoted to regional field controller in June 2013. She was only 42 years old. She leaves behind her husband, John Williams, and two children, Kyle and Brooke.

A number of Life Care associates attended the funeral on Sunday, Jan. 6, during which Anita's daughter, Brooke Swallow, read a poem that Jaimie Corradini, Central Division director of human resources, described as "a perfect choice" for the occasion. It was written by Helen Steiner Rice, one of my favorite poets, and it is a reminder of how we should respond to any hardship or adversity we may encounter. Here it is:

This Too Will Pass Away

*If I can endure for this minute
Whatever is happening to me,
No matter how heavy my heart is
Or how dark the moment may be ...*

*If I can remain calm and quiet
With all the world crashing about me,
Secure in the knowledge God loves me
When everyone else seems to doubt me ...*

*If I can but keep on believing
What I know in my heart to be true,
That darkness will fade in the morning
And that this will pass away, too.*

*Then nothing in life can defeat me
For as long as this knowledge remains
I can suffer whatever is happening
For I know God will break all the chains ...*

*That are binding me tight in the darkness
And trying to fill me with fear,
For there is no night without dawning
And I know that my morning is near.*

Whatever situation or circumstance you may be facing today, take comfort in the truths Brooke Swallow shared with her family and friends in a time of grief.

For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal (2 Corinthians 4:17-18 NIV).