

## Those Tall Sequoias

The Sequoia trees of California tower as much as 300 feet above the ground. Strangely, these giants have unusually shallow root systems that reach out in all directions to capture the greatest amount of surface moisture.

Seldom will you see a redwood standing alone, because high winds would quickly uproot it. That's why they grow in clusters. Their intertwining roots provide support for one another against the storms.

It is an important lesson for us in Life Care, Century Park and Life Care at Home. The jobs in which we are engaged are demanding and difficult. Our mission requires an interdisciplinary approach, with many complex and moving parts.

What we do is the ultimate team model. We cannot succeed without the support and encouragement of one another. The centers and offices with the highest performances are those in which it is obvious that each member cares for, and positively interacts with, the others.

It is also true in the spiritual realm. Let's be willing to ask someone to pray for us and with us in a time of suffering. And let us be alert for opportunities to lend our support to others who are in difficulty.

--Beecher Hunter