

Tiny Causes, Big Effects

In 1996, Manila, capital city of the Philippines, suffered an outbreak of cholera due to a proliferation of flies and cockroaches. The mayor announced a bounty on the bugs, dead or alive, and thousands were brought in by citizens who were paid on the spot.

Health officials knew that huge problems could be prevented by dealing with tiny causes.

Stopping that cholera outbreak was an example of the law of the harvest: sow a tiny cure and reap a large benefit. Just as removing tiny bugs saved a city, so a tiny thought in our minds can have huge results. That's why Proverbs says to "keep your heart with all diligence ... (and) put away from you a deceitful mouth" (Proverbs 4:23-24).

David Jeremiah, minister and author, in his book, *Turning Points*, observes: "Thoughts and words are powerful. What we meditate on and speak can do great good or great harm. In the Bible, the Christian has access to the most powerful living words ever written, words that can renew the mind. Make sure this week that you spend time sowing seeds in your mind that will bear godly fruit in your life."

History's worst acts began with a tiny, unguarded thought that yielded an ungodly harvest of destruction.

Purpose in your heart that today, in your contacts in Life Care, Century Park and Life Care at Home, you will speak kind and uplifting words that will flow into a wellspring of appreciation.

– Beecher Hunter