## Today is for the Lefties

International Left-Handers Day has been celebrated on this day since 1976. An organization called Left-Handers International selected this day because Aug. 13, 1976, fell on Friday the 13<sup>th</sup>. The group saw it as a way to make fun of the superstitions directed at left-handed people for hundreds of years in many cultures, some of which still lead to prejudice today.

The goals are to raise awareness of left-handedness and the challenges of living in a right-handed world, to educate designers and manufacturers who might accommodate the comfort and safety of left-handed people in new products and buildings, to promote research into different aspects of left-handedness, and to celebrate the strengths and advantages possessed by left-handers.

Sometimes, God uses what makes us "different" in a special way. When Israel cried out for deliverance from Moab, God raised up Ehud, a left-handed man. Because Ehud carried his sword on his right side instead of the left, he was able to slip in with his weapon unnoticed and kill the king (Judges 3:12-23). The fighting men of the tribe of Benjamin included 700 left-handed men who could "sling a rock and hit a target within a hairsbreadth without missing" (Judges 20:16). Some translations call these men "choice," or "chosen."

Whether we are right- or left-handed, God wants us to use our hands for giving to others who have needs. In the work of Life Care, Century Park and Life Care at Home, we have opportunity every day to extend a helping hand to those frail and infirm elderly entrusted to us.

It's the kind of giving that God rewards: quiet, humble, generous – and ambidextrous.

--Beecher Hunter