## **Touchdown Lost**

Sometimes we can become so preoccupied with the future that we lose all sense of the present.

We can become so concerned about our next shot, our next match, our next game, our next project that we have no concentration or mental power left for the present moment. We become crippled in the now when we constantly live in anticipation of what's next.

Leon Lett learned that the hard way. A defensive tackle for the Dallas Cowboys, Lett had not scored a touchdown since he was in grade school. But in the 1993 Super Bowl, he got his chance. The Buffalo Bills' quarterback fumbled right in front of him and Lett was there to scoop up the ball land head for the goal line.

Seeing no one between him and a sure touchdown, Lett threw out his arms when he reached the 10-yard line, thrilled at his uncontested 64-yard scramble to the end zone.

Unfortunately, he did not hear Don Beebe, the Bills' wide receiver, in pursuit of him. At the one-yard-line, Beebe lunged forward and knocked the ball from Lett's hand, stealing the touchdown from him. The ball sailed through the end zone, resulting in a touchback.

It is a lesson for all of us in Life Care, Century Park and Life Care at Home. Stay focused on the task at hand. Keep yourself in the here and now. Then you will be better prepared for tomorrow when it comes.

Therefore do not be anxious for tomorrow; for tomorrow will take care of itself. Each day has enough trouble of its own (Matthew 6:34).

Beecher Hunter

