

Turtle on a Fence

The late Alex Haley, acclaimed author of *Roots*, had a picture in his office, showing a turtle sitting atop a fence. The picture is there to remind him of a lesson he learned long ago: "If you see a turtle on a fence post, you know he had some help."

Said Haley: "Anytime I start thinking, 'Wow, isn't this marvelous what I've done!' I look at that picture and remember how this turtle -- me -- got up on that post."

Isn't that so of each of us? No matter where you may be in your life, you got there because of the help and encouragement of others -- a school teacher, a pastor, a mentor, a good friend who constantly encourages, a spouse who believes in you, family members who support you.

That truth is very evident in the centers of Life Care, American Lifestyles and in the work of Life Care at Home. Whatever is achieved is done because of the team, and not any one individual.

Each one of us is like that turtle on the fence.

--Beecher Hunter