

Victory Over Worry

I once read about an unusual woman who had learned the secret of victory over worry. (Anybody out there who has worries? Of course. We all are affected to one degree or another.)



Although a widow for years, she had successfully raised not only her own six children but 12 adopted ones as well.

When a reporter asked how she managed to remain so calm and poised with her busy schedule, she said: "Oh, I'm in a partnership."

"What kind of partnership?" he asked. She replied, "One day, a long time ago, I said, 'Lord, I'll do the work, and You do the worrying.' I haven't had a worry since."

What a wonderful partnership! Our daily duties and responsibilities – and they are huge in Life Care,

Century Park and Life Care at Home – won't be a burden if we let God do His part. When we give Him the "worrying," we become free from fear and anxiety. When we allow Him to be part of all we do, our weak efforts are supported by His divine power. When we are willing to do what He has assigned, we can present our need to Him and trust Him for His help.

We can let Him do the worrying.

Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God (Philippians 4:6).

– Beecher Hunter