## When Strength Is Low

An ocean liner encountered a severe storm while crossing the Atlantic. One of the sailors was tending his duties on deck when he was washed into the sea.

Instantly, the cry went up, "Man overboard!" A crewman quickly grabbed a life preserver and threw it over the stern. In a few moments, he felt a tug on the lifeline.

Peering into the darkness, he shouted to the man in the water, "Have you got the line?" A faint reply came back, "No, but the line has me!" The exhausted sailor had slipped the lifesaver over his shoulders and under his arms, realizing he didn't have enough strength to hold on to it.

All of us experience storms and trials in life that sometimes overwhelm us. Maybe it is financial difficulty in which we find ourselves. Perhaps it is the death of a loved one that has severely impacted us. It could be that a close relationship has been damaged and is in urgent need of repair. We may even be facing a difficult career choice.

We have come to the end of our strength. Even though our faith may be weak, or we feel we have no faith left, God supports us and lifts us out of despair.

It is His strength, not ours, that is sufficient.

--Beecher Hunter